

JoyFull

Your Oasis for Hope and Healing

www.joyfull.blog



Leslie Sousa

SERVING UP JOY THROUGH LIFE'S CHALLENGES

Meet Leslie

Have you ever wondered how someone can radiate joy while battling cancer? Or lead others to find peace in their chaos? That's Leslie's gift.

As a breast cancer survivor, accomplished speaker, and "Chief Joy Officer," Leslie doesn't just talk about life's challenges – she shows audiences how to thrive through them with grace and even laughter.

Drawing from 39 years of leadership experience and her own journey of resilience, Leslie connects with audiences in a way that feels less like a presentation and more like a heart-to-heart with a wise friend. Whether helping corporate teams understand each other better or guiding women to declutter their lives (and hearts!), her authentic style and practical wisdom create lasting transformation.

When she's not speaking, you'll find Leslie cherishing moments with her first grandchild, writing her next book (she has five published!), or walking her Shih Tzus, Aslan, and Koda.

These real-life experiences add depth and relatability to her messages, making her someone your audience will remember long after the event ends.

What Event Planners Love

- Thoroughly prepared presentations delivered with warmth and humor
- Adaptable to audience needs with excellent improvisational skills
- Creates inclusive, interactive learning environments
- Professional, reliable, and detail-oriented
- Connects with audiences of all sizes, from intimate retreats to large conventions
- Brings energy that transforms ordinary sessions into memorable experiences



Contact Points:

WEB: JOYFULL.BLOG | FB: A MOMENT WITH ALBERTA | INSTA: @LESLIEALBERTASOUSA
E-MAIL: HELLO@JOYFULL.BLOG

Speaking Topics

A dynamic speaker with 39 years of leadership experience, I transform audiences through engaging talks on:

- Spiritual Decluttering: Break free from what weighs you down
- Joy Through the Storm: Finding purpose in life's challenges
- Real Colors®: Understanding personality for better relationships
- Leadership with Heart: Building teams that thrive

What Others Say

"Leslie's positivity, knowledge, and real-life examples deeply resonate with students, while her humility and teaching heart reflect her walk with God. — Eric S., U.S. Deputy Clerk"

"Leslie exemplifies what it means to be an exceptional presenter. Her kind demeanor and well-informed teaching style make learning engaging and enjoyable, lighting up any room she enters." — Sharon Vieira, Corporate Trainer

"Leslie's heart for mentoring is evident in her teachings. [She is] personable, knowledgeable, and inspiring." — Janice Bradshaw, Director, New Life Christian Center

"During Leslie's toughest fight against cancer, she was a beacon of light for others." — William Minter, Ministry Leader